

CONTACT DETAILS AND REGULAR PROGRAMME

Booking Enquiries – Rosemary Sinclair 01202 496147

Chairman – John Spittle 07713740628

Caretaker – Neil Ashdown 07477 291010

You can also email via the website www.hallonthehill.org.uk



MONDAY	Yoga Fibromyalgia Support Group Iyengar Yoga Iyengar Yoga Instructor Traditional Japanese Embroidery	U3A Marilyn Kellow Mary Heath Elaine Rees Ellen Schmidt	01202480027 01425 274295 01202250441 07504823517 01202823166
TUESDAY	Chair Yoga St Catherine's Hill Quilters Showtime St. Catherine's Hill W.I. Tea Dance Iyengar Yoga Instructor Mindfulness Meditation Class Yoga Rainbow Unity Group	Julia Silva-Perez Audrey Woodford U3A Ann Price Maureen Biggin Elaine Rees Claire Haberfield Julia Silva-Perez Marilyn Brown	07989971928 01202471477 01202480027 01202478342 01202473658 07504823517 07906856413 07989971928 07816505258
WEDNESDAY	Pilates Matwork WI Book Club Yoga Pilates Age Concern Christchurch Residents Association FSCH	Siobhan Cushnahan Maureen Biggin U3A Emma Cooper Alistair Rumsey Jim Biggin -----	07789954301 01202473658 01202480027 07940768568 01202488311 01202473658 -----
THURSDAY	Coffee Morning - All Welcome Great Composers Citizens Advice Outreach Session Parkinsons UK X'ch Branch Yoga Yoga	10:00 till 12:00 U3A MelissaParsonsMahon ----- Julia Silva- Perez Claire Hobby Star	01202481931 01202480027 ----- ----- 07989971928 07939986139
FRIDAY	St Catherine's Hill Art Group Iyengar Yoga Instructor Travel Group 'H' Bournemouth Berserkers	Doug Rolfe Elaine Rees U3A Andrew Mussell	01202477336 07504823517 01202480027 01202479959
SATURDAY	Daisy First Aid Traditional Japanese Embroidery National Childbirth Trust	Kerry Kirkby Ellen Schmidt -----	07967406259 01202823166 -----
SUNDAY	Yoga Brahmi	Tracey Ball	07518067859