

# CONTACT DETAILS AND REGULAR PROGRAMME

**Booking Enquiries – Rosemary Sinclair 01202 496147**

**Chairman – John Spittle 07713740628**

**Caretaker – Neil Ashdown 07477 291010**

**You can also email via the website [www.hallonthehill.org.uk](http://www.hallonthehill.org.uk)**



<b>MONDAY</b>	Yoga Fibromyalgia Support Group Iyengar Yoga Iyengar Yoga Instructor Traditional Japanese Embroidery	U3A Marilyn Kellow Mary Heath Elaine Rees Ellen Schmidt	01202480027 ----- 01202250441 07504823517 01202823166
<b>TUESDAY</b>	Break Free Psychotherapist Chair Yoga St Catherine's Hill Quilters French Matters Musical Revue St. Catherine's Hill W.I. Tea Dance Iyengar Yoga Instructor Mindfulness Meditation Class Yoga Rainbow Unity Group	Richard Jones JuliaSilva-Perez ----- French Matters U3A Ann Price Maureen Biggin Elaine Rees Claire Haberfield Julia Silva-Perez Marilyn Brown	07792875985 07989971928 ----- 01202423318 01202480027 01202478342 01202473658 07504823517 07906856413 07989971928 07816505258
<b>WEDNESDAY</b>	Pilates Matwork WI Book Club Yoga Pilates Age Concern Christchurch Residents Association FSCH	Siobhan Cushnahan Maureen Biggin U3A Emma Cooper Alistair Rumsey Jim Biggin -----	07789954301 01202473658 01202480027 07940768568 01202488311 01202473658 -----
<b>THURSDAY</b>	Coffee Morning - All Welcome Great Composers Parkinsons UK X'ch Branch Yoga Yoga	10:00 till 12:00 U3A ----- Julia Silva- Perez Claire Hobby Star	01202481931 01202480027 ----- 07989971928 07939986139
<b>FRIDAY</b>	St Catherine's Hill Art Group Iyengar Yoga Instructor Travel Group 'H' Bournemouth Berserkers	Doug Rolfe Elaine Rees U3A Andrew Mussell	01202477336 07504823517 01202480027 01202479959
<b>SATURDAY</b>	Daisy First Aid Traditional Japanese Embroidery National Childbirth Trust	Kerry Kirkby Ellen Schmidt -----	07967406259 01202823166 -----
<b>SUNDAY</b>	Yoga Brahmi	Tracey Ball	07518067859